

The Educational Master Course
will take place at:

Hungarian Academy of Science

Ceremony Hall
Budapest V. Roosevelt tér 9

U.E.M.S. credits have been requested

The Educational Master Course
is kindly sponsored by:



BERLIN-CHEMIE
MENARINI

Scientific and Organizing Secretariat



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The European Society of Hypertension



EUROPEAN SOCIETY
OF HYPERTENSION

2008

JOINT
EDUCATIONAL

Master Course

on
Hypertension
and Cardiovascular
Risk

Budapest
December 2nd - 3rd, 2008



BERLIN-CHEMIE
MENARINI

introduction

Following the great success of the previous years, it is a pleasure to present to those interested in this important area of clinical medicine the 2008 Educational Master Courses of the European Society of Hypertension (ESH). The Courses are centred on a number of meetings to be held during the second half of 2008 in several European countries (mainly in Eastern Europe) with the aim to present and discuss in front of large qualified audiences the most recent progress on diagnosis and treatment of hypertension as well as on prevention of cardiovascular risk. The basis for the presentations and the discussion will be the recent guidelines on the treatment of hypertension prepared by the ESH and the European Society of Cardiology (ESC) which were published in 2007 in the Journal of Hypertension and the European Heart Journal. In each meeting ESH opinion leaders will review trial and mechanistic data that have formed the basis for the Guidelines recommendations whereas national leaders will provide their feed-back and discuss how these recommendations can fit local clinical practice thus helping their implementation. National leaders will also present and discuss the current situation of their country as far cardiovascular research and prevention strategies are concerned with emphasis also on survey on control of blood pressure and cardiovascular risk factors recently performed in several eastern European countries. All Faculty members will finally discuss a number of clinical cases to exemplify theoretical concepts presented at the meeting. As last year the programme will be supported by an educational grant of Berlin Chemie / Menarini International to which goes the gratitude of ESH for allowing to implement an initiative that will, we hope, contribute to stimulate research and improve treatment of hypertension and cardiovascular prevention in Europe.

Stephane Laurent, M.D.
ESH President



Giuseppe Mancia, M.D.
Chairman ESH, Educational Committee



Faculty

Renata Cifkova
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Prague (Czech Republic)

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International Medical Services
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Centre Hospitalier Universitaire de Grenoble
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Università degli Studi Milano-Bicocca
Milan, Italy

Luis Martins
President Portuguese League against Hypertension
Lisbon, Portugal

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Medical University of Gdansk
Gdansk (Poland)

István Préda
State Health Center
Budapest (Hungary)

EUROPEAN SOCIETY OF HYPERTENSION

2008 Educational Master Course
on Hypertension and Cardiovascular Risk

Romania	7th/8th November 2008
Bulgaria	19th/20th November 2008
Czech Republic	21st/22nd November 2008
Denmark	21st/22nd November 2008
Albania	25th November 2008
Belarus	28th/29th November 2008
Hungary	2nd/3rd December 2008

E D U C A T I O N A L
Master Course

Tuesday December 2nd

Chairmen: Csaba Farsang, István Kiss

14.00 – 14.30

Lecture: Risk factors in the Hungarian hypertensive patients
Ede Kékes, Hungary

14.30 – 15.00

Lecture: Hypertension in women
Renata Cifkova, Czech Republic

15.00 – 15.15 Discussion

15.15 – 15.45

Lecture: The patient with hypertension and diabetes
Luis Martins, Portugal

15.45 – 16.00 Discussion

16.00 – 16.30

Presentation of a clinical case by a local expert:
How to manage a patient with metabolic syndrome
Rudolf deChatel, Hungary

16.30 – 16.45 Coffee break

16.45 – 17.15

Lecture: Hypertension in the elderly
Jean Michel Mallion, France

17.15 – 17.30 Discussion

h. 17.30 – 18.00

Presentation of a clinical case by a local expert:
How to manage a diabetic hypertensive patient
George Jermendy, Hungary

Wednesday December 3rd

Chairmen: István Kiss, Krzysztof Narkiewicz

09.00 – 09.30

Lecture: The nephropathic patient
Krzysztof Narkiewicz, Poland

09.30 – 09.45 Discussion

09.45 – 10.15

Presentation of a clinical case by a local expert: How to manage a nephropathic patient
István Kiss, Hungary

10.15 – 10.45

Lecture: Do beta-blockers decrease cardiovascular risk?
Are all beta-blockers equally effective?
István Czuriga, Hungary

10.45 – 11.00 Discussion

11.00 – 11.15 Coffee break

11.15 – 11.45

Lecture: Treatment of hypertension with drug combinations.
Which combination for which patient?
Csaba Farsang, Hungary

11.45 – 12.00 Discussion

12.00 – 14.00 Lunch

Chairmen: Csaba Farsang, Giuseppe Mancia

14.00 – 14.30

Hypertensive heart failure: diagnosis and treatment
István Préda, Hungary

14.30 – 14.45 Coffee break

14.45 – 15.30

The ESH survey on cardiovascular risk profile in hypertensive patients in Eastern Europe
Giuseppe Mancia, Italy

15.30 - 16.00 Discussion and conclusions