

Friday, Sept 7, 2018

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| All day | Arrival of Participants at Geneva Airport, Buses or Train station etc - Transfers will be organized to the Hotel (50 minutes from the Airport) | 16:00-16:30 | Coffee break | | |
| | | 16:30-17:30 | Vessel hypertrophy and remodeling in hypertension <i>Stephan Laurent, Paris, France</i> | 16:30-17:15 | New Insights into the Renin Angiotensin System <i>Michel Azizi, Paris, France</i> |
| 18:30 | Welcome drink followed by dinner | 17:30-18:30 | Hypertension in the Elderly - Current Management Concepts <i>Krzysztof Narkiewicz, Gdansk, Poland</i> | 17:15-18:00 | Fixed dose combination therapies <i>Bernard Waeber, Lausanne Switzerland</i> |

Saturday, Sept 8, 2015

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| 08:15-08:30 | Welcome to the ESH Summer School <i>Renata Cifková, Michel Burnier</i> | 19:00 | |
| | | 19:30 | Dinner |

08:30-09:30 **ESH, ISH and AHA: What's new and what's different in the guidelines**
Giuseppe Mancia, Milan, Italy

09:30-10:30 **Antihypertensive Medication – What have we learnt from recent meta-analysis of randomized trials ?**
Alberto Zanchetti, Milan, Italy

10:30-11:00 Coffee break

11:00-12:00 **Cardiovascular and renal genetics**
Murielle Bochud, Switzerland

12:00-12:45 **Blood Pressure Measurement; Why, How, When & Where?**
Gianfranco Parati, Milan, Italy

12:45 **Group picture**

13:00-14:00 Lunch at the Hotel

14:00-15:15 **Self presentations of the students (1 min each)**

15:15-16:00 **Epidemiology of Hypertension**
Renata Cifková, Prague, Czech Republic

Sunday, Sept 9, 2018

08:30-09:30 **Sodium, potassium and hypertension**
Francesco Cappuccio, London, England

09:30-10:30 **White-coat and masked hypertension**
Guido Grassi, Milan, Italy

10:30-11:00 Coffee break

11:00-12:00 **Sympathetic Nervous Activity in Hypertension**
Krzysztof Narkiewicz, Gdansk, Poland

12:00-12:45 **Debates with students: 2 situations**

13:00-14:00 Lunch at the Hotel

14:00-15:00 **Obstructive Sleep Apnoea Syndrome**
Raphael Heinzer, Lausanne, Switzerland

15:00-16:00 **Brain and Hypertension**
Antonio Coca, Barcelona, Spain

16:00-16:30 Coffee break

Monday, Sept 10, 2018

08:30-09:30 **Hypertension and the kidney**
Bruno Watschinger, Vienna, Austria

09:30-10:30 **Obesity and Hypertension**
Gregoire Wuerzner, Switzerland

10:30-11:00 Coffee break

11:00-12:00 **Microalbuminuria and renal function in Hypertension**
Josep Redon, Valencia, Spain

12:00-12:45 **Heart and Hypertension: from LVH to heart failure**
Thomas Kahan, Sweden

13:00-14:00 Lunch at the Hotel

14:30-20:00 Excursion and Sightseeing

Swiss Dinner

Tuesday, Sept 11, 2018

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| 08:30-09:30 | Renal artery stenosis - diagnostic and therapeutic aspects <i>Prof Alexandre Persu, Belgium</i> |
| 09:30-10:30 | Arrhythmias and Hypertension <i>Thomas Kahan, Stockholm, Sweden</i> |
| 10:30-11:00 | Coffee break |
| 11:00-12:00 | Altitude and hypertension <i>Gianfranco Parati, Milan, Italy</i> |
| 12:00-12:45 | Evaluation of endocrine causes of Hypertension <i>JWM Lenders, Nijmegen, Netherlands</i> |
| 13:00-14:30 | Lunch at the Hotel |
| 14:00-15:00 | Devices and Interventional Strategies for the Treatment of Hypertension <i>Costas Tsioufis, Athens, Greece</i> |
| 15:30-18:30 | Short presentations of original research by the participants |
| 16.30-17:00 | Coffee break |
| 19:00 | Dinner at Hotel |

Wednesday, Sept 12, 2018

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| 08:30-09:30 | Role of statins in primary prevention of cardiovascular disease in patients with hypertension <i>Sverre Kjeldsen, Oslo, Norway</i> |
| 09:30-10:30 | Diabetes and Hypertension <i>Peter Nilson, Göteborg, Sweden</i> |
| 10:30-11:00 | Coffee break |

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| 11:00-12:00 | Hypertension in pregnancy and breastfeeding <i>Antoinette Pechère Bertschi, Geneva</i> |
| 12:00-12:45 | Hypertension in children and adolescents <i>Empar Lurbe, Valencia, Spain</i> |
| 13:00-14:00 | Lunch at the Hotel |
| 14:00-14:45 | Drug adherence in hypertension <i>Michel Burnier, Lausanne, Switzerland</i> |
| 14:45-15:30 | Measuring plasma or urine drug levels <i>Maciej Tomaszewski, Manchester, UK</i> |
| 15.30 -16:00 | Patient empowerment through educational programs <i>Marie Paule Schneider, Geneva</i> |
| 16:00-16:30 | Coffee break |
| 16:30-17:30 | Building a long-term research program <i>Experience from the COLAUS study</i> <i>Peter Vollenweider, Lausanne, Switzerland</i> |
| 17:30-18:15 | General discussion: Course evaluation and closure <i>Renata Cifková/Michel Burnier</i> |
| 19:30 | Farewell Dinner at the Hotel |

Thursday, Sept 13, 2018

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| 08:30-12:00 | Participants' departures from the Hotel (to the Airport) |
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European Society of Hypertension

ESH Summer School 2018 Final Program

September 7-13, 2018
Hotel Europa, Les Diablerets, Switzerland

Course Directors:

Renata Cifková, Prague, Czech Republic
Michel Burnier, Lausanne, Switzerland